

Dance School Expands to Serve Community Better

Existance Studio expands adding a new studio space within the school. Busy families in Lethbridge benefit from the variety of classes and additional convenient class times.

Expanded class choices and studio improvements

Existance has expanded their school this year adding a new studio space and therefore offering even more diverse programs and convenient class times to Lethbridge residents.

According to school director Janielle Scott, the school has grown

more quickly than anticipated since opening in 2003. The fast growth is due to the studio's focus on providing high-quality instruction in which students are encouraged to have fun while developing in their technique. The studio offers a friendly and accessible atmosphere and the classes provide an enjoyable way of promoting physical fitness, flexibility and co-ordination.

Existance has made a conscious effort each year to add new programs while improving upon existing ones, and now with the new studio can offer even more evening and weekend classes to accommodate students in the "first choice" class times. The school has also made many new openings for students brand new to dance.

Large variety of dance classes in a safe and nurturing environment

The school's dance program offers classes for all ages from beginner to advanced levels. Styles ranging from hip-hop and jazz classes to modern/contemporary dance and tap are all available. The school's main goal is to help students develop a love for dance and a self-confidence that lasts them for a lifetime. Director Janielle Scott's mission for the school is "to provide excellent, quality instruction in a safe and nurturing environment. We want to develop in students a love of dance while improving their self image, perseverance and

concentration."

This past spring, the school's competitive classes did very well in competition. The students enjoyed working as a team and the friendships that they developed out of that. In addition, the annual year-end recital was held before a full-house at the Yates Theatre, giving the students an opportunity to perform publicly with family and friends present.

This year, with the additional class times as well as new dance teachers, the school is offering more of its more popular programs such as jazz/hip hop, evening adult classes and the three- to five-year-old program.

Facilities offer extra benefits to dancers and parents

Exisdance has a sprung dance floor, which is very important for dancers. This type of floor helps absorb the impact of dancing and helps keep teachers and dancers more energized, while greatly aiding in injury prevention. There are full mirrors throughout the studio to help students observe their movements while learning and two levels of ballet barres to accommodate the differing heights of the dancers. The studio offers viewing times for parents and there is a comfortable waiting area which is used by parents and young siblings during class times. There are also plenty of offstreet parking spaces.

Exisdance has always approached the art of dance with passion and strives to provide a positive and creative atmosphere for their students. Students are encouraged to have fun while expanding their skills.

Due to the expansion of teaching times and the additional studio, Exisdance will be accepting new registrations now and throughout the early fall. For more information contact the school at 403 320 – 1593 or visit them at www.exisdance.com for helpful information on getting started in dance classes.